

DATE	TITLE	FLAT OR HILLY	LEADER	DESCRIPTION
2/04/2023	Captain Thomas Track	Hilly	Audrey	On this hilly walk we will be hiking the Captain Thomas Track, for which a moderate level of fitness is required. This 5.86 km walk has an elevation gain of 223 metres, and the total walking time is estimated at 2 hours. There are some rocky areas to scramble and some parts of the narrow path are close to the edge of the hillside. This is a shared track with mountain bikers, so caution is a must to safely get out of their way. There is no shade, so please wear a hat and sun protection. Good hiking shoes and poles are recommended. There is a small loop at the top however it is mostly out and back. A view of Lyttelton Harbor will be enjoyed at our turn around point.
16/04/2023	Opawa Loop	Flat	Alan C	<b>TBD</b>
30/04/2023	Adventure Park	Hilly	Dianne	This is a free walking track. Starting from the Adventure Park car park, the trail climbs to the summit. The track is well formed but relatively steep. Once at the summit we take a free chairlift down. If you can do Bridle Path, you can do this walk.
14/05/2023	Bontanic Gardens Flaming Leaves	Flat	Bryan	A lovely stroll through one of Christchurch's treasures, and one of the best times of the year to take in the magnificent Autumn colours.
28/05/2023	Lyttelton - Hill and Dale	Hilly	Walt	Visit both Catholic and Anglican cemeteries as well as the marina and a few historic homes in Lyttelton, via some little known paths and shortcuts. A hilly walk (mostly at the start) that will take a couple of hours. You may want to bring snacks and refreshments to partake of at the big picnic tables at the marina.
11/06/2023	Street Art Walk	Flat	Darryl	<b>TBD</b>
25/06/2023	Twin Peaks	Hilly	John	<b>TBD</b>
9/07/2023	South Brighton, Southshore	Flat	Alan C	<b>TBD</b>
23/07/2023	Bridle Path	Hilly	James	<b>TBD</b>
6/08/2023	Architectural Tour	Flat	Barry	An education in Brutal Beauty -Modernism at the University of Canterbury. An easy walk around the campus exploring the modernist buildings that make up the campus
20/08/2023	Hidden Pathways of Cashmere	Hilly	Walt	Join us for a hilly walk from behind Princess Margaret Hospital up into the Cashmere Hills via quiet streets and hidden walkways. This is a fairly hilly walk but with lots of interesting houses, some local history as well as beautiful views.
3/09/2023	Red Zone	Flat	Dianne	We will meander along the Avon, with occasional short jumps outside the red zone. Breathe deeply with us on this relaxing walk.
17/09/2023	Crater Rim Lava Blast	Hilly	John	<b>TBD</b>

